

REIMAGINE
WELLBEING
TOGETHER
HE TIROHANGA
ANAMATA

Mental Health
Awareness Week
21-27 September

www.mhaw.nz



GETTING
THROUGH
TOGETHER
WAIHIA I TIROU TE PAE TIHAKI

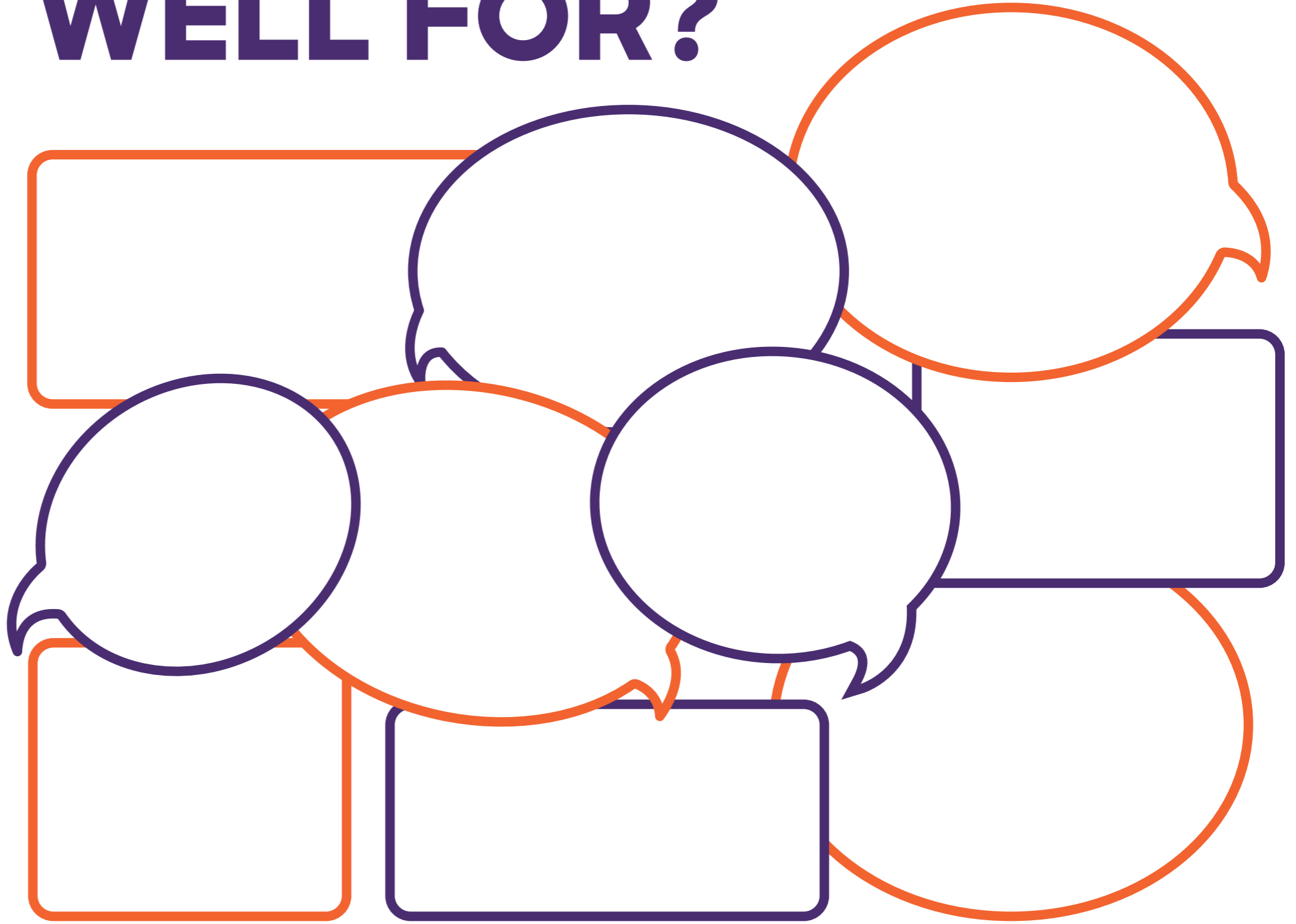
Mental Health Foundation
HEIWHAKAHI TUHAKAHI HAKAHI

ALL RIGHT?

MINISTRY OF
HEALTH
HEIWHAKAHI TUHAKAHI HAKAHI



WHAT DO YOU STAY WELL FOR?



ADD PHOTOS, MAGAZINES OR NEWSPAPERS CUT OUTS, QUOTES, OR DRAWN PICTURES THAT REPRESENT WHAT YOU STAY WELL FOR.